



Sports League for Independent Christian Educators

**League Guidelines, Rules,
and Regulations - 2026**

Table of Contents

Membership / Fees

Page 1

Officials / Governing Rules / Cost of Admission / Rosters / Sports

Page 2

Schedules / Game Days & Times / Season & Tournament Play

Page 3

Age Requirements / Dress Code

Page 4

Co-Ed Volleyball Rules

Page 5

Membership:

Membership in the Sports League for Independent Christian Educators, or SLICE, is open to Christian schools who recognize that optimum potential for maturational growth comes from strengthening oneself mentally, physical, and spiritually. Any school that sees the value in assisting this growth by achieving a personal relationship with God through Jesus Christ and developing a Christ-like character in physical development is able to apply for membership to SLICE.

Any school may apply for membership with the understanding that they must be approved by two-thirds of the league members present at the semi-annual league meeting.

Homeschoolers may participate in SLICE pursuant to the following guidelines:

1. The student must meet the same academic requirements as the students from the school with which he/she will be playing.
2. The student must adhere to the same guidelines as all participating schools.
3. Students must be a member of the school or church that he/she is to play with.

League Fees:

\$75 per Team

These funds are to be used by the league office to pay for the League Management software as well as other areas needed to run the league. These funds also are for the commissioners salary.

There needs to be at least 3 school that have a team in any specific sport to have a season.

e.g. There must be three school that have Jr. Basketball teams in order for there to be games scheduled in Jr Basketball. This applies to all sports and teams.

Officials:

It is required that league games be officiated by certified officials. There must be one official for volleyball games and two officials for basketball games. The home team will be responsible for paying the fees due to the officials. If a team can not find volleyball refs they can send their individuals to the SLICE League Refs' Camp to earn a Patch from SLICE League.

For volleyball games, each of the teams playing must provide one line judge. If a travelling team is unable to provide a line judge, they must inform the host school in advance to allow them time to find a second line judge.

Governing Rules of Gameplay:

Both basketball and volleyball will play by the rules of the National Federation of High School Athletic Associations (NFHS). Any clarifications of rules need to be made prior to the game.

If a school wants to host a one-day tournament in a sport, it is the host school's responsibility to ensure that all participating institutions have received a copy of the rules of that sport. Any clarifications of rules need to be made prior to the game.

Admissions:

The hosting school should have their Admissions Gate open no fewer than 45 minutes before the first listed game time in order to receive visiting teams and spectators. Please have the following admission prices posted at the gate:

- General admission: \$5
- Students or children under 5: \$3
- Players and Coaches: Free

Team Rosters:

Each team will submit a roster for each team sport. New players must be added to the official roster at the league office before being allowed to play in a game. A player must play in at least one conference game to be eligible to participate in the championship tournament. A separate roster must be submitted for the tournament one week prior, and no additions may be made after. If an ineligible player has played during the season and/or during a league tournament those games will be forfeited.

Teams:

Sports:

Volleyball – Girls Varsity, Girls JV, Girls Jr. / Coed Varsity, Coed JV, Coed Jr.

Basketball – Girls Varsity, Girls JV, Girls Jr. / Boys Varsity, Boys JV, Boys Jr.

Game Schedules:

The SLICE Commissioner is responsible for scheduling all league games. Changes may be made, as necessary, by the two schools participating in a game, but must be reported to the league office. Member schools have the option to play non-league games, but these contests should not take precedence over league games. The playing period for all games will be determined by league members.

Game Days and Times:

Standard game days will be Monday, Tuesday, Thursday, and Friday. Schools may elect to relocate a game in the interest of making travel easier if agreed upon by both schools. Varsity games will be scheduled for 4:00 or 7:00 p.m., depending on number of varsity teams playing on a given night. All junior and JV games will precede varsity games. If both schools are in agreement, game times may be moved earlier or later to facilitate easier travel, as well. All volleyball games (Jr included) go to 25 win by 2 points.

Season and Tournament Play:

Season: League regular season play will consist of each team playing each competitor twice: once at home and once on the road.

Game Summary: After each game, you will receive an email to score the game. Both the home and visiting team will receive an email. If the score is recorded incorrectly please contact the league office. It is especially important to submit these scores as soon as possible after the game, as they are used to seed the teams in the tournament.

The league championship will be determined by the league office. Should there be a tie for 1st place, the first tiebreaker will be determined by head-to-head matchup. The second tiebreaker will be the point differential in head-to-head matchups. The third and final tiebreaker will be overall point differential in league regular season play.

Tournament: The overall standings for league play will determine the seeding for the double-elimination championship tournament. All teams that participate in the league regular season are invited to take part in the Championship Tournament. Tournament fees will be set by the hosting school and the commissioner.

SLICE League Basketball: Tournament Clock Rules: 8 minute running clock in Varsity, 7 minute running clock in JV, and 6 minute running clock in Jr. Regulation clock stoppage the last two minutes of the 2nd and 4th quarters.

Season games are to be as follows: Varsity - 8 min quarters, JV - 7 min Quarters, Jr - 6 min Quarters.

League Awards:

Tournament: 1st, 2nd, place Team Awards
MVP for each team

Age Requirements:

Junior: a junior athlete is anyone who will not turn 13 until **on or after September 1** of the given year

JV: a JV athlete is anyone who will not turn 16 until **on or after September 1** of the given year

Varsity: a Varsity athlete is anyone who will not turn 19 until **on or after September 1** of the given year

All disputes must be made before a game begins; once a game has started, none may be made. All concerns or disputes must be sent to the league office by email.

Any student may play “up” in age (meaning to play at a level older than their age would suggest) but must understand the risk that is involved. Once a Student has graduated they are no longer eligible to play sports in SLICE League, no matter the student's age.

Dress Code:

It is important that league members treat each other’s rules and dress code requirements with respect. The host school for a match may have their own standards for dress. Visiting teams need to meet those expectations. If unsure, contact the host school for their requirements. The league’s general dress code rules are as follows:

Ladies: Young ladies must wear loose-fitting culottes, knee-length shorts, or skirts that extend to the knees. No sleeveless jerseys may be worn, and V-necks must not extend more than two inches past the clavicle. Jerseys are to be numbered on both the front and back. Players must remain in dress code when not playing, as well. Please refrain from form fitting shirts and skirts.

Gentlemen: Young men may wear warm-up pants or knee-length shorts for basketball and volleyball. No sleeveless shirts are allowed during competition or while in the stands. If jerseys are sleeveless, t-shirts must be worn underneath.

Please remember that when out of uniform, the dress code rules of the host gym will still apply. Be sure not to wear clothing with improper images or messages. We ask that spectators respect and adhere to the dress code standards of the hosting school. For any questions, contact the host school or the League Commissioner.

Co-ed Volleyball SLICE League Rules

1. There must be at least one and no more than 3 boys on the court.
2. A girl must contact the ball at least one time during a possession, unless the ball is returned in one hit, in that case a boy or girl can be the only one to hit the ball. This rule does not apply to JR Coed.
3. The net height: Jr and JV Coed 7'4" - V Coed 7'8" (or as close as possible).
4. A Girl can sub for a Boy and vice versa, as long as they follow rule #1 and NFHS substitution rules.
5. All other NFHS volleyball rules apply.

Jr Volleyball SLICE League Rules

Jr Girls and Jr Coed Serving Positions by Age

Ages 11-13 must serve behind official serving line

Ages 10-7 may serve at free throw line

Ages 6 and down may serve at 3 meter line

Any Overhand serve must come from behind official serving line

SLICE Sports League Pregame Protocols

1. 60 minutes before start of match - Court setup by host management and available to teams
2. No later than 30 minutes prior to start of match - Officials and Teams arrive on court in uniform
3. Prior to timed warm-ups - Prematch conference
4. 6 minutes - Timed warm-up – visiting team's court
5. 6 minutes - Timed warm-up – home team's court
6. No later than 2 minutes prior to the end of timed warm-up - Lineups due
7. Timed warm-up ends - Audio signal to indicate the end of timed warm-ups
8. Announcements and Prayer
9. Match begins

Between Games Regulations

Schools have 5 minutes to clear the bench after a match and have their next team ready to warm up.